

MADISON SUFIS



Mark your Calendar

**2022 Seminar
with**

**Murshida Tasnim
&
Murshid Saadi**

**Friday, April 29
Saturday, April 30
Sunday, May 1**

(Details to Follow)

Dances of Universal Peace

**1st Friday
February 4
Special Evening for the Urs of HIK**

**3rd Friday
February 18**

Zoom links will be sent

Jamila. 608-338-0709 or
jamila@madisonsufis.com

Announcing 3 Special Events for the

95th URS of Pir-O-Murshid Hazrat Inayat Khan

Join the Madison Sufis for an evening of dances, poetry and community in honor of the URS of Hazrat Inayat Khan.

**Friday Evening, Feb 4th
7:00 until 8:30 pm via Zoom**

We will dance, sing zikr, share poetry and savor the fragrance of the teachings of Our Beloved Pir-O- Murshid.
Come, Come

Jamila 608-338-0709

jamila@madisonsufis.org

Look for the zoom link on Feb 2nd.

Ruhaniat Family Zoom Gathering . . .

Pir Shaba and Pirani Tamam

Holding Hands in Virtual Space with Taj Inayat

Saturday February 5th, Noon (CT)

(See pg. 6)

The Inayatiyya Order is sponsoring . .

The Music of the Gayan Shala

Saturday, February 5th, 10 am (CT)

(See pg. 4)

Ziraat Lodge

Wednesday, February 9 via Zoom
7:00 p.m.

Ziraat uses a metaphor of agriculture to develop the mind and experience deep ecology.

Anyone is welcome. Please contact either of us and a link will be emailed before this event.

Noor Rachel, rachel.roang@gmail.com
Gayatri, annaswegan@gmail.com

Universal Worship Service

Sunday, February 13 via Zoom
10:00 a.m.

Please join Rev. Jamila Joy as we celebrate the Universal Worship.

We will celebrate using the Simple or Daily Service, lighting two candles, saying the prayers and having time for a few thoughts from Murshid and a few of our favorite illuminated souls.

Jamila@madisonsufis.org
or 608-338-0709 (leave a message)

Healing Service

Sunday, February 20 via Zoom
11:00 a.m.

(Doors open at 10:50 am)

You are welcome to join us for the Healing Service where we prepare ourselves to attune to the healing energy of the Divine Spirit.

If you'd like to add someone's name to the healing list, please ask for their permission prior to contacting Noor Rachel or Gayatri. You may also request a Zoom link to the service from either of them.

Noor Rachel, rachel.roang@gmail.com
Gayatri, annaswegan@gmail.com

Sufi Songs and Teachings

Wednesday- February 23 via Zoom
7:00 p.m. - 8:30 p.m.

We continue this class for Mureeds on the 4th Wednesday. Please contact Jamila if you are interested in attending this class.

A zoom link will be sent in advance of the class.

Jamila Joy, jamila@madisonsufis.org

Karima's Sunday Heart Gathering

Sunday, February 27 via Zoom
11:00 a.m. - 12:30 pm

Come join for meditation, readings, practice to bring warmth to wintry chilly days.

AMAN = Well being and peace and gentleness for oppressed people everywhere.

To send light from the heart and glance wherever it is needed for any cause.

To see people safe and restored in all parts of the world , in our country, for all beings needing healing .

Repeat 3x, 5x, 11x, or 33x. Say it softly with intention.

May we see clearly the light each of us carries.
-Upanishads

Karima, 608 338-0709



**Volume VIII - The Art of Being
Health and Order of Body and Mind
Chapter XXIII**

**Spiritual Healing
Pir -O- Murshid Inayat Khan**

One may ask: is pain always an evil thing? – And I would answer: far from it. Sometimes pain comes to us as a kindly warning. It is the moving finger pointing to us and bidding us to give heed to our ways, to take account of our doings. There are different kinds of pain: pain of the body which is often hard to bear, pain of the mind which is far worse, and pain of the heart, the deepest part of man's being, which may be agony. Yet the cry of agony which comes from the depth of the heart may be a sound of the greatest beauty, for pain has its beautiful aspect. Think of the pain expressed in the most perfect music, the finest poetry. There are moments of intense feeling when pain and joy meet, and one cannot distinguish where one ends and the other begins; they have their meeting place in the heart of man. Pain is like the herb in the hands of the great Transmuter, the divine Alchemist; falling on the melted silver of the heart, it turns it into the purest gold, and renders the heart of man more fitting to be the altar of God.

Who are those to whom people go for sympathy when they are in trouble? Surely to those who have suffered much, those who, having gone through great tribulation, have overcome and have learned by experience that true happiness comes from within and is independent of outward circumstances. They can feel not only for others but with others, and out of the depth of their own experience teach them how to find courage, faith, and hope. They can help them to bind up their wounds, and heal their broken hearts. If suffering can develop in us the blessed gift of sympathy, then surely we have not suffered in vain; we may well thank God for every pang, which we have endured.

What of the pain endured by all the great Saviors and Masters of humanity? We feel here that we are touching a most sacred mystery which words cannot express – but may we not reverently believe that, by taking to themselves the burden of pain of the whole world, they transmuted it by the process of alchemy, and sent it out as a fountain of love and power springing up into everlasting life?

*At the moment when I shall be leaving this earth,
it is not the number of followers that will make me proud;
it is the thought that I have delivered His message to some souls that will console me,
and the feeling that I have helped them through life that will bring me satisfaction.*



February, 2022

The Zephyr January 2022

19 January 2022

Dear Companions on the Path,

I was so happy to see so many of you on New Year's Day. May the coming year be an easeful and illuminating one for all creatures under the Sun. Thank you for your kind messages of congratulation on the birth of my grandson Mir Kara-Suleyman Yüzkhan.

I write to you from amidst an interval of wintery semi-solitude. This week the European Suluk class has its penultimate session, and soon afterward the Worldwide Message Council will convene for two days, followed by three days of International Leadership Training. Otherwise, I am in seclusion, working on my book *Immortality*, a contemplative commentary on *The Soul, Whence and Whither*.

Over the last month we've said farewell to two treasured friends of our movement: Shaikh Jelaluddin Loras of the Mevlevi Order of America and Murshida Asha Greer of the Sufi Ruhaniyat. Both of these great-hearted teachers were guiding beacons for many seekers, and their legacies are sure to endure. Journey well, blessed souls.

There is some news to share from the Inner School. After serving with immense dedication for many years as the European Madar al-Maham (Vice President) of the Inner School, Nigel Huzur Hamilton is stepping down. Many of you know Nigel Huzur as a consummate adept in the alchemical transformation of consciousness. He will remain a strong presence in our movement, even as his work shifts in focus.

Zumurrud Butta will now serve as the European Madar al-Maham. Zumurrud brings to the role decades of experience as a teacher and guide. Known for her refined attunement and gentle heart, she lives and breathes what she teaches.

I hope you will join me in expressing deep appreciation to Nigel Huzur for his long years of service as the European Madar al-Maham, and in warmly welcoming Zumurrud.

Yours ever,

The Music of the Gayan Shala Hazrat Pir-o-Murshid's 95th Urs

Saturday, February 5th, 10 am (CT)

The Inayatiyya Order is sponsoring an evening celebrating the music of the Gayan Shala, the musical academy founded by Hazrat Inayat Khan's father, Maula Bakhsh.

Hazrat Inayat Khan received his first musical and spiritual instruction from his grandfather, forming a strong soul bond with him that lasted well beyond his grandfather's passing when Inayat was 14. As a young man on the faculty of the Gayanshala, Inayat published a textbook of music in 1903 using Maula Bakhsh's notation, and a few years later the *Minqar i Musiqar* which contains over 70 original compositions.

For more information and the zoom link, follow this address:

<https://inayatiyya.org/event/the-music-of-the-gayan-shala/>



Oneness by Thich Nhat Hanh

The moment I die,
I will try to come back to you
as quickly as possible.
I promise it will not take long.
Isn't it true
I am already with you,
as I die each moment?
I come back to you
in every moment.
Just look,
feel my presence.
If you want to cry,
please cry.
And know
that I will cry with you.
The tears you shed
will heal us both.
Your tears are mine.
The earth I tread this morning
transcends history.
Spring and Winter are both present in the moment.
The young leaf and the dead leaf are really one.
My feet touch deathlessness,
and my feet are yours.
Walk with me now.
Let us enter the dimension of oneness
and see the cherry tree blossom in Winter.
Why should we talk about death?
I don't need to die
to be back with you.

Published in Call Me by My True Names (1993)

Thich Nhat Hanh

October 11, 1926, Hue, Vietnam

January 22, 2022, Hue, Vietnam

"The death of a loved one is like a cloud in the sky. When the cloud is no longer in the sky, it doesn't mean the cloud has died. The cloud is continued in other forms like rain or snow or ice. So you can recognize your cloud in her new forms. If you are very fond of a beautiful cloud and if your cloud is no longer there, you should not be sad. Your beloved cloud might have become the rain, calling on you, "Darling, darling, don't you see me in my new form?" And then you will not be struck with grief and despair. Your beloved one continues always. Meditation helps you recognize her continued presence in new forms. And our nature is the nature of no birth and no death...the nature of a cloud also. A cloud can never die. A cloud can become snow, or hail...or rain. But it is impossible for a cloud to pass from being into non-being. And that is true with your beloved one. She has not died. She is continued in many new forms. And you can look deeply and recognize herself in you and around you."

- Thich Nhat Hanh

I Am Not in Here

Thich Nhat Hanh

I have a disciple in Vietnam who wants to build a stupa for my ashes when I die. He and others want to put a plaque with the words, "Here lies my beloved teacher." I told them not to waste the temple land.

"Do not put me in a small pot and put me in there" I said. "I don't want to continue like that. It would be better to scatter the ashes outside to help the trees to grow."

I suggested that, if they still insist on building a stupa, they have the plaque say, "I am not in here." But in case people don't get it, they could add a second plaque, "I am not out there either." If still people don't understand, then you can write on the third and last plaque, "I may be found in your way of breathing and walking."

This body of mine will disintegrate, but my actions will continue me. In my daily life I always practice to see my continuation all around me. We don't need to wait until the total dissolution of this body to continue—we continue in every moment.

If you think that I am only this body, then you have not truly seen me. When you look at my friends, you see my continuation. When you see someone walking with compassion, you know he is my continuation.

I don't see why we have to say "I will die," because I can already see myself in you, in other people, and in future generations.

Even when the cloud is not there, it continues as snow or rain. It is impossible for a cloud to die. It can become rain or ice, but it cannot become nothing. The cloud does not need to have a soul in order to continue. There's no beginning and no end. I will never die. There will be a dissolution of this body, but that does not mean my death.

I will continue, always.

Excerpted from Thich Nhat Hanh "At Home in the World: Stories & Essential Teachings from a Monk's Life" (2015)

From Pir Shabda

Please join Pirani Tamam and myself for the . . .

95th URS of Pir-o-Murshid Hazrat Inayat Khan
with one of our closest friends helping us celebrate the URS

Murshida Taj Inayat

Saturday, February 5th, Noon (CT)

Taj is the most senior woman teacher in the Inayatiyya, deeply immersed in the Sufi Path of Spiritual Liberty, immersed in the Being of Hazrat Inayat Khan

Originally a mureed of Murshid Sam, Taj joined with Pir Vilayat Khan and is the mother of Pir Zia Inayat Khan, and two other sons, Nathan and Mirza. She is an eloquent and profound vehicle for the Message.

Much love,
Shabda and Tamam

Zoom Link: <https://us02web.zoom.us/j/85691042046?pwd=VE8rdjdFWnVwQTRVOFhKZVFDSnR6UT09>

Meeting ID: 890 7853 3426 Password: 914320



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
					Special Dances of Universal Peace via Zoom 7:00-8:30 pm	Urs Pir-O-Murshid Inayat Khan 1927
6	7	8	9	10	11	
			Ziraat Lodge via Zoom 7:00 pm			
13	14	15	16	17	18	19
Universal Worship via Zoom 10:00 am					Dances of Universal Peace via Zoom 7:00-8:30 pm	
20	21	22	23	24	25	26
Healing Service via Zoom 11:00 am			Sufi Songs and Teachings via Zoom 7:00-8:30 pm			
27	28					
Karina's Heart Gathering via Zoom 11:00 am -12:30				<div style="border: 1px dashed black; padding: 10px;"> <p><i>Urs of Pir - O - Murshid Inayat Khan</i></p> <p><i>July 5, 1882, Vadodara, India</i></p> <p><i>February 5, 1927, New Delhi, India</i></p> </div>		

Southeast Wisconsin Activities

Milwaukee Universal Worship Service

First Sunday, February 6
10:00 a.m.

Call Sara for info at 414-299-0218.

Love & Peace

Dances of Universal Peace

Southeast WI Third Thursday Dances of Universal Peace circle to be held virtually on **February 17th, at 7pm** with theme *Widening the Circle*.

The sacred hoop takes in many types of questions, multiple paths toward truth, and the struggles of our human family to find justice in all parts of our world. We send the sense of inclusion to those who live with oppression, who can scarcely hope for true peace

A link to join can be accessed through Prajna Patti Kies

pattiburncake@hotmail.com
or 262-642-9289.

Madison Suffs
PO Box 46463
Madison, WI 53744-6463